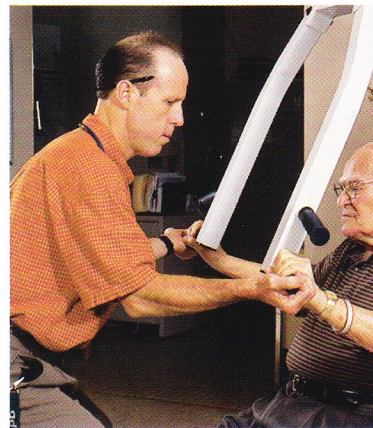
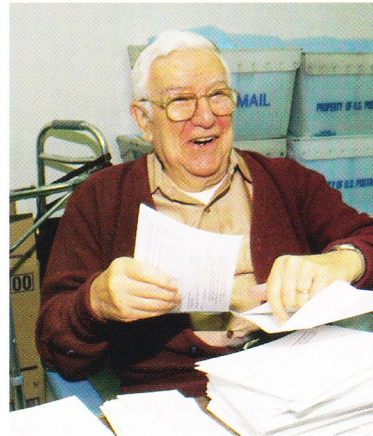
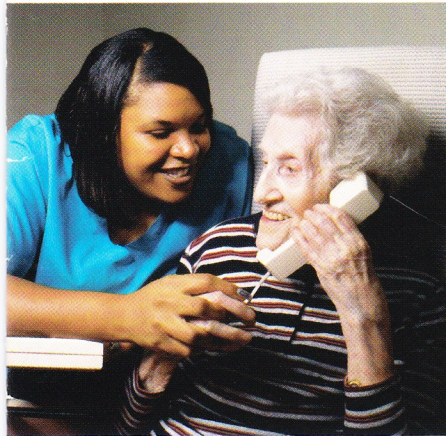


A Guide to Life at JHE



The Jewish Home for the Elderly
of Fairfield County, Inc.



Mission Statement

The mission of the JHE is to provide an integrated network of high quality healthcare and related personal services, primarily for the frail Jewish elderly, in an environment which enhances and respects Jewish values, traditions, and lifestyles, thus enabling each individual to achieve the highest quality of life attainable.

Accreditations and Affiliations

The JHE is accredited by JCAHO, and is a member of AAHSA, CALTC, AJAS, CSMS-CME, and CANPFA.



Joint Commission
of Accreditation of Healthcare Organizations



AAHSA

CALTC
Connecticut Alliance
For Long Term Care



When Living at Home is No Longer Possible...

We all envision living a long, productive life in our own home. Unfortunately, this is not always possible for some of us or our loved ones. The inevitable physical and mental infirmities of advancing years may make choosing a medically secure environment a necessity. This is why the Jewish Home for Elderly is the right choice for living out the golden years in the safe, supportive and caring surroundings of our 15.6-acre campus.



Maintaining Dignity and Independence...

Since 1973, thousands of elderly men and women have made the Jewish Home their home in an environment that enhances and respects Jewish traditions, lifestyles and religion.

Maintaining independence and dignity in old age are every person's right. We recognize the frail elderly as individuals whose unique circumstances require special support to attain a meaningful quality of life, and we continually strive to enhance the social, emotional and spiritual well being of each Resident.

The Home provides comprehensive institutional and rehabilitative care; skilled nursing in a long-term care setting; special programming and services for the mentally impaired; short-term care rehabilitative services with expected return to the community; respite and subacute care; adult day care; therapeutic recreation; information and referral services; congregate feeding; a sheltered workshop; and other specialty programs.

Highly trained professionals in medicine, nursing, therapeutic recreation, social services, rehabilitative care, and rabbinical programming administer programs and services.

A Continuation of Religious Life

Home Style Amenities.....

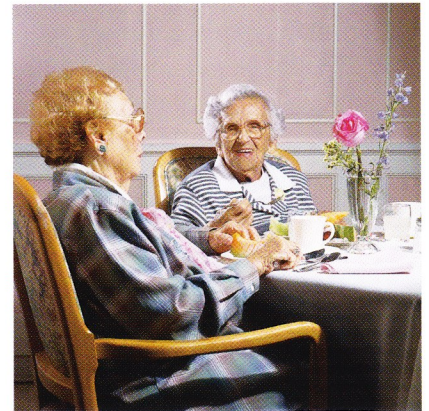
The Home functions according to traditional Jewish rituals and precepts. All food prepared is strictly Kosher, and the special dietary and nutritional needs of each Resident are addressed.

Resident meals, complete with linen table settings and fresh flowers, are served in our spacious dining room. For those unable to eat in the dining room, meals are served in the cheerful solariums on every floor, or in individual rooms.

In addition, daily nourishments and snacks are provided on all nursing units.

Our cozy Coffee Shop is a more intimate setting where families and their loved ones can enjoy a light bite. It is also the setting for our award-winning Candlelight Dinners, where families gather to dine together in a restaurant-like atmosphere.

The Food Services Department also hosts parties and picnics for Residents, and supplies food for holiday celebrations and special events.



Spiritual Guidance.....

Residents can continue their religious life at the Home. All Jewish holidays are observed throughout the year. Services are conducted in both English and Hebrew. For those unable to attend religious observations in the Synagogue, services are conducted in our skilled nursing units' solariums.

The Home's Rabbi is a valued member of our staff and a comfort to Residents. A formal Student Rabbi affiliation through Yeshiva University and the Jewish Theological Seminary enhances spiritual guidance during Shabbat and holidays.



in Tradition, Throughout the Year

Religious Events for Residents and Family.....



We are considerate of the spiritual needs of all of our Residents and provide religious programming for them throughout the year.

Women light Shabbat and Yom Tov candles in our beautiful Candelabra Room.



Visits from family and friends brighten lives. Visitors are encouraged to participate with their loved ones in religious services, and in on-going special events and activities that the Home sponsors.

JHE Nurses are “Special People”

“Placing a loved one into the care of a nursing home is a very emotional decision for families to have to make, and one which we took very seriously concerning our mother, Maria Volpicella. Mom was taken care of by a staff of truly caring people during her stay. Your nurses kept us well informed any time there was a change in her condition, calling us immediately. They were all very patient and took time to explain everything to us. That is something to be admired in this day and age. Their sensitivity in helping us cope as Mom passed on is something we will never forget. They are true ‘professionals and special people’ who touched our lives. You are very fortunate to have such a staff of exceptional people.”

— Joe & Sandy Volpicella

The Comfort and Security of

One-on-One, 24-Hour Medical Care.....

Residents and family members rest assured that medical care is available around-the-clock. Our skilled professionals keep pace with the latest developments in medicine, nursing, rehabilitation, and gerontology to meet the ever-changing needs of our elderly population. In addition to 24-hour nursing care, we provide comprehensive medical, psychiatric and consultant services by skilled clinical specialists.



We treat each person according to his or her unique needs through a coordinated team approach and quality assessment. On-site clinics further promote well being. These include medical treatment rooms, an X-ray department, and dental, ophthalmology, podiatry, and audiology suites.



Freedom to Choose.....

Freedom to use the services of one's own physician, dentist and podiatrist does not end with admission. In the event that a Resident does not have these doctors, or the doctors are too far away to regularly visit, Residents may select from a list of qualified professionals associated with the Home. In addition, as a teaching facility, the Home augments its physician and psychiatric services with medical residents from area teaching hospitals.

Full-Time Nursing, Full-Time Care.....

Each unit of the Home is supervised by a highly experienced, licensed nurse who also administers treatments and medications. Our nurses are compassionate, extremely knowledgeable in physical assessment and pharmacology, and continuously apprise physicians and family members of changes in a Resident's condition.



Around-the-Clock Medical Care

Physical Rehabilitation and Exercise Services.....



The Home's Residents and short-term care patients benefit from state-of-the-art rehabilitative services by discovering new ways to increase physical strength, endurance and mobility following an operation, accident, illness or stroke. An exercise physiologist facilitates increased range of motion and stamina, which helps prevent falls. Our award-winning muscle strengthening program supplements this.

Rehabilitation therapists utilize a variety of physical therapy treatments and exercise equipment to help participants realize their full potential. Our highly skilled Occupational Therapy staff members help individuals resume independence in personal care and participation in work and leisure activities through individual and group activities. Speech Therapy is also offered.

Special Care for Special Needs.....



Memory impairment, dementia, disorientation, difficulties with concentration and attention, and restricted ability to carry out activities of daily living, are some of the effects of aging. Our Special Care Units address these issues through a variety of specially designed programs and services that give Residents consistent, predictable routines in a secure environment.

Staff members participate in ongoing in-service training sessions to keep abreast of the latest information, ideas and techniques which directly benefit Residents.

Feelings of Accomplishment

A Productive, Active Lifestyle.....

The goal of the Therapeutic Recreation Department is to keep Residents active and happy. Meaningful activities take place seven days a week, providing opportunities to enjoy companionship with peers. Full therapeutic recreation programming takes place throughout the Jewish Home, which includes our Special Care and Subacute Units.

Through group and one-on-one interactions, each Resident's individuality, self-esteem and self-confidence is enhanced. There are numerous opportunities for self-expression and creativity through music, art, drama therapy, movement and exercises, baking and cooking classes, ceramics, arts and crafts, gardening, introduction to computer classes – and more! Several of these programs have received local and national recognition.



Social Activities, Everyday Conveniences.....

In addition, there are social hours, birthday parties and theme parties celebrating holidays and special events. Residents may also join an active Men's Club and Residents' Council.

A roomy, wheelchair accessible bus takes Residents on regular excursions to theaters, parks, concerts and beaches.

The Home offers many everyday conveniences. Residents can do their banking on the premises and have their hair styled in our Unisex Beauty Shop/Barber Shop. Laundry and house-keeping services are also provided.



and Self-Worth Abound at JHE

Pleasantries Provided.....



The Home's Gift Shop, Sundry Shop and Coffee Shop provide pleasant diversions.

The Gift Shop is also open to the public and offers a variety of holiday and religious items, giftware, jewelry, greeting cards – and free gift wrapping.

Some Even Earn a Paycheck.....



The Jewish Home operates the only geriatric sheltered workshop in Connecticut. Able Residents and Adult Day Care clients can earn paychecks by performing mailing services and a variety of other jobs for businesses and universities. Project work is tailored to individual ability, interest and capacity.

In addition, participants enjoy the camaraderie of peers and enhanced self-esteem as they put their skills and talents to work in a supervised, supportive environment. Tasks can also be done on the individual's nursing unit.

Forever Young.....



Inter-generational programming with youngsters from local schools and youth groups helps keep Residents young.

Residents are treated to regular visits by infants, toddlers and pre-schoolers from the Home's Child Care Center. The visits promote a feeling of home while encouraging heartwarming relationships between the generations.

"The nursing staff and CNA's on Tandet East, as well as the Rehabilitation Department, were all thoughtful, thorough and professional. Their efforts were an integral part of my recovery, which is proceeding very well."

— Harry Goldberg

Comfort for Family

Families take comfort in knowing that our Social Services Department is intimately involved with them from the initial admission inquiry and evaluation to actual admission and the Resident's stay at the Home. Our Social Services staff and care managers also play major roles in easing the transitions of our short-term Residents back home.



We encourage family and Resident participation in planning for the care and services required, including addressing issues like declining health, room changes necessitated by the need for closer nursing supervision, and the use of advanced medical directives or a Living Will.

A social worker is assigned to each unit to assist families, Residents and staff in understanding the importance of identifying and meeting each Resident's unique circumstances and social needs. One-on-one counseling and group methods help both families and Residents resolve, or come to terms with, any concerns that arise during placement.

The Social Services Department offers support group workshops, and stays in touch with families through its newsletter. Family and Resident satisfaction surveys are conducted annually and are used to improve services.

Dedicated Volunteers

Volunteers are an integral part of the Home's ambiance and vitality. These dedicated men, women and teenagers have contributed over 1,000,000 hours of service, lending their talents throughout the Home and brightening the lives of Residents.



Volunteers have been honored with numerous awards, including the State's "Connecticut Treasures" award for their time and selfless devotion.

Our community plays an enormous role at the Home. A dedicated Board of Directors, Women's Auxiliary, Men's Club, and Sustaining Donors are unsurpassed in their commitment to carrying out our Mission and Vision.

A variety of fund-raising initiatives by the Home's Foundation contribute to the quality of life of our Residents by providing new services and enhancing existing ones.

Your Choice is Obvious

Because you want the best medical care for your loved one in a safe, clean, supportive environment, the Jewish Home for the Elderly is your obvious choice for a home away from home. Contact our Admissions Department today for an application to reserve your place on our waiting list.

Answers to Commonly Asked Questions

Does one have to be Jewish to apply for admission?

No. The Home welcomes people of all faiths. This also applies to our employees.

Is the food Kosher?

The Home functions according to traditional Jewish rituals and precepts. All food prepared and served is strictly Kosher.

What is the cost of Resident care?

Current charges and a list of services are available from the Admissions Department and Social Services Department.

How do I apply?

Please call (203) 365-6496 daily to speak with an admissions representative who can answer your questions and provide you with an admissions packet. We offer help in completing the application for admission.

Please request a no-obligation tour.

How long is the wait for admission?

The wait for admission varies according to need, vacancies and other factors. However, admission cannot occur without a completed application.

My loved one isn't ready for admission yet. Is it too early to apply?

Even if you anticipate that you will not need admission for a while, it is advisable to get on the waiting list as soon as possible. There is no obligation. Be sure to complete your application promptly and return it to us. Call if you need help completing the application.

What other options are available at JHE?

The Home's Adult Day Care program helps clients reach and maintain their highest level of functioning, enabling them to live in the community for as long as possible.

The Adult Day Care Center is open Monday through Saturday, from 8:00 a.m. to 4:30 p.m. Handicapped accessible transportation is available to certain neighboring towns.

For more information or to schedule a free trial visit for a loved one, call (203) 365-6470.



Questions?

General information:
203-365-6400

Admissions:
203-365-6496

Adult Day Care:
203-365-6470

Visit our web site at www.jhe.org



The Jewish Home for the Elderly
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